

Keyhole Garden resisting flooding. (Shahid Kamal)

Keyhole Garden (Bangladesh)

PUSTI BAGAN ("Garden for nutrition")

DESCRIPCIÓN

The Keyhole Garden model of homestead vegetable cultivation enhances the resilience of families living in areas with climate-related hazards, such as flooding and drought. Keyhole gardens have been shown to increase vegetable production in all seasons, thereby improving household food autonomy and dietary diversity.

First initiated in Ugandan communities by Send a Cow UK, the keyhole garden technique is widespread in Africa. In 2011, Terre des hommes (Tdh) and Greendots piloted Keyhole Gardens for the first time in Asia, effectively adapting the design and methodology in Africa to the conditions of flood prone areas of Bangladesh, and eventually India. The garden is a good way to enhance dietary diversity, especially for poor/landless families.

Keyhole gardens consist of a raised circular garden made of clay, shaped like a horseshoe or keyhole, with a maximum diameter of approximately three meters. For flood prone areas in Bangladesh and India, the plinth height depends on the location and is typically the same as the house plinth to resist flooding. A compost basket is built at the center of the garden. Organic matter (kitchen cuttings) and residual water are added on a regular basis through the compost pit. In some countries, bricks or stones are used to make the plinth.

The keyhole garden is a typical Low External Input Sustainable Agriculture (LEISA) approach that includes integrated composting, water retention, use of local materials, natural pest and disease control techniques, natural soil fertility measures, and proximity to the kitchen for both harvesting and care of the garden. In regions with mild conditions of flooding, tidal surge and drought, the garden increases the duration of gardening period during the year thus reducing the risk of disaster. In the aftermath of cyclone Mahasen, keyhole gardens demonstrated DRR utility: although many were partially damaged, none had to be rebuilt entirely. Where plants did not survive the storm, users were able to sow seeds immediately. On the other hand, the traditional ground-level plots used for pit and heap gardening were completely flooded / waterlogged and unusable.

Benefits of the technology include: compact size, proximity to the household for convenient maintenance and harvesting, composting of kitchen cuttings in the basket; and an ergonomic structure (raised, accessible). The small size is also ideal to facilitate training on vegetable growing, soil fertility and pest & disease management to first-time gardeners and students in schools. Keyhole gardens are highly productive—in Lesotho a typical garden can satisfy vegetable needs for a family of eight persons (FAO, 2008). Combined, these factors are scalable as an appropriate technology for landless and marginal farmers. In Bangladesh, the garden senabled families to produce vegetables even during the monscon period. As the keyhole garden normally does not need to be rebuilt every year it is a more efficient technique in the long-term than traditional methods such as pit and heap.

Users say that their garden produce tends to be larger and tastier than conventional gardens or market produce; and many indicated that they were able to meet their own vegetable consumption needs and to sell surplus or gift vegetables. For some women it was difficult to access sufficient amounts of soil, which meant that they needed to walk long distances to build the plinth. (Fortunately many received support from other villagers.) Secondly, during the monsoon, while most of the land is flooded, the keyhole garden remains dry. Consequently, it may provide shelter to certain animals (e.g. rats) and attract higher number of pests. Regardless of these two limitations users agree that the benefits greatly outweigh any observed limitations. LUGAR



Lugar: Kurigram municipality (Kurigram), Patharghata Union (Barguna), Kurigram District / Rajshahi and Barguna District / Barisal, Bangladesh

No. de sitios de Tecnología analizados: 100-1000 sitios

Georreferencia de sitios seleccionados • 89.6487, 25.81035

Difusión de la Tecnología: aplicada en puntos específicos/ concentrada en un área pequeña

¿En un área de protección permanente?:

Fecha de la implementación: 2012

Tipo de introducción

- mediante la innovación de usuarios de tierras
- como parte de un sistema tradicional (> 50 años)
- durante experimentos/ investigación
 mediante proyectos/ intervenciones
 - externas



Diversity is at the heart of the intervention: increased crop diversity for a healthier garden (resisting pests) and increased dietary diversity for a healthier person. (Sultana Al-Amin)

CLASIFICACIÓN DE LA TECNOLOGÍA

Propósito principal

🔽 mejorar la producción

- reducir, prevenir, restaurar la degradación de la tierra conservar el ecosistema
- proteger una cuenca hidrográfica/ áreas corriente abajo en combinación con otras Tecnologías
- preservar/ mejorar biodiversidad
- reducir el riesgo de desastres naturales
- adaptarse al cambio climático/ extremos climáticos y sus impactos 1
- 1 mitigar cambio climático y sus impactos
- crear impacto económico benéfico crear impacto social benéfico



Keyhole garden resilient to flooding. (Sultana Al-Amin)

Uso de tierra



Tierras cultivadas Cosecha anual: cereales - quinoa o amaranto,

- leguminosas y legumbres frijoles, vegetales verdura de hojas verdes (ensaladas, repollo, espinaca, otros), vegetales - melón, zapallo, calabaza o calabacín, vegetales - otros, vegetales - vegetales de raíz (zanahorias, cebollas, remolachas, otros), tomatoes, cauliflower, brocoli, watercress, eggplant, cucumber
- Cultivos perennes (no leñosos): plantas medicinales, aromáticas, plaguicidas perennes, chili
- Homestead Gardening
- Número de temporadas de cultivo por año: 3 ¿Se practica el intercultivo? Sí
- ¿Se practica la rotación de cultivos? Sí

Provisión de agua

- de secano
- mixta de secano irrigada 1 totalmente irrigada

La degradación considerada

erosión de la superficie

Propósito relacionado a la degradación de las tierras prevenir la degradación de la tierra

reducir la degradación de la tierra

restaurar/ rehabilitar tierra severamente degradada adaptarse a la degradación de la tierra no aplica

Grupo MST

- manejo integrado de la fertilidad del suelo
- manejo integrado de pestes y enfermedades (incl. agricultura . orgánica)
- jardines domésticos

Medidas MST



medidas agronómicas - A1: vegetación/ cubierta del suelo, A2: materia orgánica/ fertilidad del suelo

erosión de suelos por agua - Wt: pérdida de capa arable/

medidas estructurales - S11: Otros

DIBUJO TÉCNICO

Especificaciones técnicas

Gardens should be built in close vicinity to the beneficiary's house, because gardens that are easily accessible and clearly visible are visited more regularly and maintained better.

The design is highly adaptable to local conditions and availability of free construction materials. The radius of the garden is 150CM and the delineated radius of the circular compost basket (in the center of the garden) is 45cm. The diagrams show (1) the location is near to house as an entry point for maintaining the garden; (2) the plinth is built to the same level of the house and a step is included where the plinth is high; (3) mulching to conserve the moisture; (4) interplanting a diversity of vegetables for both good vegetable health and good family nutrition; (5) using interplanted natural repellent plants as pest control for vegetables; (6) covering the basket during times of high sun intensity or heavy rain; (7) using liquid manures and plant teas as top dressing fertilisers.

Establishing what is the best height for your plinth very much depends on the local climatological conditions. In Bangladesh, the plinth is built from subsurface clayey soil, typically 2-3 feet in height dependent on the location and level of seasonal flooding. The house plinth is a good gauge for how high to build the garden plinth. If the plinth is built too high, the roots of the plant will not be able to access sufficient water; and if built too low the next flood during the monsoon season may destroy the garden. Depending on dryness or soil/groundwater salinity, daily maintenance usually includes irrigating the soil. The outer rim of the plinth is protected with mud (and plastic or cloth) or stones. On top of the plinth is a mixture of soil and compost/manure (ratio 2:1) sloped up to the basket at a 30 - 40 degree angle. The central compost basket is filled with layers of fresh and dried vegetable matter, manure and ash to ensure that the soil fertility of the garden.

Women devised a number of different solutions to protecting the wall of the plinth and garden: Plastic bags, a combination of rice sacks (around the plinth edge) and plastic entrance way because of wear and tear (rice sacks erode faster), palm matting and old cloth. Some women put extra manure in the plinth walls to protect against flooding.

Sam Rich (www.fourthway.co.uk) has produced other technical drawings in addition to "How to Make Liquid Manure" such as: "How to make a Natural Pesticide" and "How to Make Plant Tea". There is also a version of the "How to Make a Keyhole Garden" in English from the experience in Africa. None



Author: Sam Rich: www.fourthway.co.uk





Author: BBC Media Action Bangladesh

ESTABLECIMIENTO/ MANTENIMIENTO: ACTIVIDADES, INSUMOS Y COSTOS

Cálculo de insumos y costos

- Los costos se calculan: por unidad de Tecnología (unidad: **Keyhole Garden**)
- Moneda usada para calcular costos: USD
- Tasa de cambio (a USD): 1 USD = n.d.
- Costo promedio por día del sueldo de la mano de obra contratada: U.S.\$2.50

Factores más determinantes que afectan los costos

Over the last few years, people in disaster-affecteed areas of Bangladesh have become familiar to receiving during humanitarian distributions; and expect "hand-outs" if they were to participate in a development project. The Keyhole garden project, however, follows the LEISA approach and does not rely on giving free inputs to the participants. (In a few cases where the local population was lacking seeds and experience in seed production, women's groups were given seeds and training.) A lack of reliance on external inputs or subsidies contributes to the sustainability of the project. The inputs (clay, manure, sticks, rocks, etc.) are locally available and usually do not require additional expenses. This may not be the case in all contexts.

Actividades de establecimiento

- 1. Clear land; mark out basket and external boundary using rope and stick pivoted from the centre) (Momento/ frequencia: Anytime)
- 2. Build plinth (highest monsoon flood level+30cm); (Momento/ frequencia: Anytime)
- 3. Construct basket at the centre from local materials. Fill basket with composting materials; (Momento/ frequencia: Anytime)
- Bring soil and heap it around the central basket. Any available animal dung can also be added into the soil mix for greater initial productivity. (Momento/ frequencia: Anytime)
- 5. Plant vegetable seeds around the garden a mix for good family nutrition and to stop the spread of pests and diseases; (Momento/ frequencia: According to the seasonal varieties)
- 6. Mulch between plants to protect the soil. (Momento/ frequencia: Anytime)
- 7. Protect the walls with rice sacks or other waterproof protection if neccessary. (Momento/ frequencia: Anytime)

Insumos y costos para establecimiento (per Keyhole Garden)

Especifique insumo	Unidad	Cantidad	Costos por unidad (USD)	Costos totales por insumo (USD)	% de los costos cubiertos por los usuarios de las tierras	
Mano de obra						
Building the garden	person-days	3,0	2,5	7,5	100,0	
Material de construcción						
clay					20,0	
Costos totales para establecer la Tecnología						
Costos totales para establecer la Tecnología en USD				7.5		

Actividades de mantenimiento

1. Weeding, harvesting, watering (Momento/ frequencia: Daily)

2. Structural maintenance on the garden (Momento/ frequencia: Annual)

Insumos y costos de mantenimiento (per Keyhole Garden)

Especifique insumo	Unidad	Cantidad	Costos por unidad (USD)	Costos totales por insumo (USD)	% de los costos cubiertos por los usuarios de las tierras
Mano de obra					
Maintenance	person-days	11,0	2,5	27,5	100,0
Structural maintenance on the garden	person-days	1,0	2,5	2,5	100,0
Material de construcción					
Earth Clay -depends on height: ex .4m plinth)	cubic meter	11,0			
Manure (quantity depends on design)	cubic meter	2,0			
Basket (sticks/bamboo with thin sticks to weave the basket	Sticks	15,0			

	meter 18,0	20.0	
		30.0 <i>30.0</i>	
		5010	
Zona agroclimática ✓ húmeda ✓ Sub-húmeda ✓ semi-árida árida	Especificaciones sobre el clima Promedio anual de lluvia en mm:2666.0 Applied in areas with monsoon and drought like conditio project areas in Bangladesh. Nombre de la estación meteorológica: http://data.worldbank.org/indicator/AG.LND.PRCP.MM The technology is adapted to semi-arid areas/countries i Uganda and Tanzania.		
 Formaciones telúricas meseta/ planicies cordilleras laderas montañosas laderas de cerro pies de monte fondo del valle 	Altura ✓ 0-100 m s.n.m. ✓ 101-500 m s.n.m. 501-1,000 m s.n.m 1,001-1,500 m s.n.m 2,001-2,500 m s.n.m 2,501-3,000 m s.n.m 3,001-4,000 m s.n.m > 4,000 m s.n.m	La Tecnología se aplica en situaciones convexas situaciones cóncavas ✓ no relevante	
Textura del suelo (capa arable) áspera/ ligera (arenosa) mediana (limosa) ✓ fina/ pesada (arcilla)	Textura del suelo (> 20 cm debajo de la superficie) áspera/ ligera (arenosa) mediana (limosa) ✓ fina/ pesada (arcilla)	Materia orgánica de capa arable elevada (>3%) media (1-3%) baja (<1%)	
Disponibilidad de aguas superficiales excesiva bueno mediana pobre/ ninguna	 Calidad de agua (sin tratar) agua potable de buena calidad agua potable de mala calidad (requiere tratamiento) solo para uso agrícola (irrigación) inutilizable La calidad de agua se refiere a: 	¿La salinidad del agua es un problema? ✓ Sí No Incidencia de inundaciones ✓ Sí No	
Diversidad de hábitats elevada mediana baja			
DE LOS USUARIOS DE LA TIE	RRA QUE APLICAN LA TECN	IOLOGÍA	
 Ingresos no agrarios ✓ menos del 10% de todos los ingresos ✓ 10-50% de todo el ingreso > 50% de todo el ingreso 	Nivel relativo de riqueza muy pobre pobre promedio rico muy rico	Nivel de mecanización trabajo manual tracción animal mecanizado/motorizado 	
Individuos o grupos ✓ individual/ doméstico grupos/ comunal cooperativa empleado (compañía, gobierno)	Género ✓ mujeres ✓ hombres	Edad niños jóvenes personas de mediana edad ancianos	
Escala pequeña escala escala mediana gran escala	 Tenencia de tierra estado compañía comunitaria/ aldea grupal individual, sin título individual, con título 	Derechos de uso de tierra acceso abierto (no organizado) comunitarios (organizado) arrendamiento ✓ individual Derechos de uso de agua	
	Intenecer la Tecnología Pronología en USD Zona agroclimática húmeda Sub-húmeda semi-árida árida Formaciones telúricas meseta/ planicies cordilleras laderas montañosas laderas montañosas laderas de cerro pies de monte fondo del valle Textura del suelo (capa arable) áspera/ ligera (arenosa) mediana (limosa) fina/ pesada (arcilla) Disponibilidad de aguas superficiales excesiva bueno mediana pobre/ ninguna Diversidad de hábitats elevada mediana pobre/ ninguna Diversidad de hábitats elevada mediana baja Diversidad de hábitats elevada mediana bobaja Diversidad de hábitats elevada mediana baja Disponibilidad de aguas ja Diversidad de hábitats elevada mediana baja Disponé de todo el ingreso > 50% de todo el ingreso > 50% de todo el	Tenescer la Tecnología Ecrología en USD Zona agroclimática I húmeda Sub-húmeda Iaderas de cerro Jaderas de cerro Superficiales Rediana (limosa) Textura del suelo (capa arable) Aspera/ ligera (arenosa) mediana (limosa) Tina/ pesada (arcilla) Disponibilidad de aguas excesiva bueno mediana pobre/ ninguna Diversidad de hábitats elevada mediana pagua potab	



Acceso a servicios e infraestructura

salud	pobre	√	bueno
educación	pobre	1	bueno
asistencia técnica	pobre	✓	bueno
empleo (ej. fuera de la granja)	pobre	1	bueno
mercados	pobre	1	bueno
energía	pobre	1	bueno
caminos y transporte	pobre	✓	bueno
agua potable y saneamiento	pobre	1	bueno
servicios financieros	pobre	~	bueno

IMPACTO

Impactos socioeconómicos Producción de cultivo



patterns (drought or monsoon/flood seasons).

situación de grupos en desventaja social y económica (género, etáreo, estatus, etnicidad, etc.)	empeoró 🗾 🖌 m	nejoró	Gardens will quickly increase household vegetable production, easing economic burden and providing for the household consumption or surplus to sell or gift. The latter can increase social bonding and benefit peer to peer linkages.
Teaching	Reduced 📕 🖌 🖌 Ir	ncreased	Keyhole garden building and maintenance teaches lessons of good soil, water and vegetable management that can be transferred to field crops or plain large scale vegetable growing.
Impactos ecológicos pérdida de suelo	incrementó 🗾 🖌 d	isminuyó	Precious topsoil is not lost during flooding events.
impactos de inundaciones	incrementó d	isminuyó	Gardens that are not submerged by floods continue to
Surpluses can be used for selling or gifting; increased vegetables especially at times when they are not usually available enables families to save money on expensive purchases out of the normal vegetable season	None Z N	lone	produce in the monsoon season.
Impactos fuera del sitio Teaching			
	Reduced France In	ncreased	Keyhole garden building and maintenance teaches lessons of good soil, water and vegetable management that can be transferred to field crops or plain large scale vegetable growing.
ANÁLISIS COSTO-BENEFICIO)		
Beneficios comparados con los costo Ingresos a corto plazo:		nuy positivo	
Beneficios comparados con costos d Ingresos a corto plazo:		nuy positivo	
Thus the establishment and maintenan	ce costs are relatively low com diversity. The benefit increase	pared to the b	erials and a low investment cost in labor was necessary. Denefit of increased homestead vegetable production and Echnology supports resilience to flooding as was the case
CAMBIO CLIMÁTICO			
Extremos (desastres) relacionados al tormenta tropical tormenta local inundación general (río) marea tormentosa/ inundación costera	clima nada bien view view view view view view view view	muy bien muy bien muy bien muy bien	
Otras consecuencias relacionadas al periodo reducido de crecimiento	clima nada bien 📕 🚺	muy bien	
ADOPCIÓN Y ADAPTACIÓN			
Porcentaje de usuarios de la tierra q casos individuales / experimentales 1-10% 11-50% ✓ > 50%			%

Número de hogares y/ o área cubierta

333 from the pilot study. Subsequent projects by Tdh from 2013-2015 have seen over 3'500 keyhole gardens created in Bangladesh and India.

¿La tecnología fue modificada recientemente para adaptarse a las condiciones cambiantes? ✓ Sí

The technology was adapted from semi-arid zones in Africa (where soil amelioration and water conservation were priorities and materials

No

91-100%

¿A qué condiciones cambiantes?

cambios climáticos / extremos

CONCLUSIONES Y LECCIONES APRENDIDAS

Fortalezas: perspectiva del usuario de tierras

 Seasonal local agriculturalists reported that gardens yielded high productivity with good vegetable quality and diversity; withstood heavy monsoon rains lasting for several days; and withstood a salt water tidal intrusion that destroyed adjacent traditional gardens. During the FGDs women clearly expressed a lot of enthusiasm for the project and all the participants indicated that they would continue with their garden, even if Tdh would no longer provide any support. One volunteer reported successfully harvesting five common vegetables usually impossible to grow in monsoon conditions:

- In plain land we can cultivate once in a year but in keyhole garden we can harvest vegetables in three seasons and they don't go underwater in the rainy season

- Save money for the family: don't need to buy fertilizers or vegetables and some people earn money by selling the garden product

- We can collect vegetables for the children's requirements directly from the garden when they need them

- In a small space you can have lots of different vegetables and

the taste is much better because the garden depends on compost – no chemicals

- The cost to make is it very low, but you need labour; by our own labour we can build it

- Because of composting the garden can always get nutrients

Fortalezas: punto de vista del compilador o de otra persona recurso clave

• The keyhole garden project has been very successful and has largely achieved its core objective to improve year-round access to nutritious food from the homestead area. These benefits are summarized again as:

- Appropriate size for landless homesteads, also ideal to facilitate training on LEISA techniques to first-time gardeners and students in schools.

- Proximity to the household for convenient maintenance and
- harvesting, composting of kitchen cuttings in the basket;
- Ergonomic structure (raised, accessible).

- Highly adaptable to local conditions that supports resilience to flood and drought conditions.

- Highly productive—families produced vegetables even during the monsoon period.

- As the keyhole garden normally does not need to be rebuilt every year it is a more efficient technique in the long-term than traditional methods such as pit and heap.

Therefore, the reviewer did not suggest any major changes to the technique or project; rather to focus on specific issues that could help making the project more efficient and that could help broaden its impact.

Debilidades/ desventajas/ riesgos: perspectiva del usuario de tierrascómo sobreponerse

 No major weaknesses in the technology or design were expressed. However for some women it was difficult to access sufficient amounts of soil, which meant that they needed to walk long distances to bring soil to build the plinth. In coastal areas where saline intrusion in groundwater and soils is on the rise, growing and irrigating crops is difficult in the dry season. Some women received support from other family members or neighbours; identify a support network for families having challenges to access soil to build the plinths. Continue to look for for alternative irrigation sources and/or groundwater recharge innovations as well as soil conservation techniques to protect against salinity. Likewise, saline resistant vegetable varieties may be available.

Debilidades/ desventajas/ riesgos: punto de vista del compilador

o de otra persona recurso clavecómo sobreponerse More careful planning of the location for the keyhole garden is needed. In Patharghata 11 women decided to relocate their garden within the first year. This suggests that the women appreciate the benefits of the garden, but having to break down and move the garden is a rather laborious activity. Not surprisingly, women who have less time to work in the homestead area, e.g. due to work or other out-of-home responsibilities, are not able to maintain their keyhole garden so well. Spend more time to assist the participants with identifying the most suitable locations to construct the garden for a keyhole garden in the homestead area at the start of the project. While maintaining a focus on women, involve the husband or other family members/ neighbours and ensure that they are also trained and ensure that the garden is clearly visible and can be accessed

Compilador John Brogan Editors Shahid Kamal Revisado por Alexandra Gavilano Deborah Niggli Alvin Chandra Joana Eichenberger

Últimas actualización: 19 de marzo de 2019

Fecha de la implementación: 29 de noviembre de 2016

Personas de referencia

John Brogan - WASH/DRR Advisor Daniel Varadi - Especialista MST Sheila Taylor - Especialista MST Shahid Kamal - WASH Advisor

Descripción completa en la base de datos de WOCAT https://qcat.wocat.net/es/wocat/technologies/view/technologies_779/

Video: https://player.vimeo.com/video/44042261

Datos MST vinculados

Approaches: Peer to Peer Pass-on Approach with Women https://qcat.wocat.net/es/wocat/approaches/view/approaches_784/

La documentación fue facilitada por

Institución

• Terre des Hommes (Terre des Hommes) - Suiza

Proyecto

• Book project: where people and their land are safer - A Compendium of Good Practices in Disaster Risk Reduction (DRR) (where people and their land are safer)

Referencias claves

- "Keyhole Gardens: Improved Access to Homestead Vegetables and Dietary Diversification- External Evaluation and Capitalization of the Keyhole Garden Project in Bangladesh", Van Hout, R., 2013: Freely available: Terre des hommes Lausanne Asia Desk: info@tdh.ch
- "Keyhole Gardens great potential for improving homestead crop diversity and mother & child nutrition", Taylor S, 2013, Discussion paper for the Agrobiodiversity Conference, Dhaka, 28 January 2013: Freely available: Terre des hommes Lausanne Asia Desk: info@tdh.ch
- http://www.fao.org/ag/agn/nutrition/docs/FSNL%20Fact%20sheet_Keyhole%20gardens.pdf

Vínculos a la información relevante disponible en línea

- Greendots Terre des hommes technical partner for Keyhole Gardens in South Asia: www.greendots.ch
- Send a Cow UK: How to make an African style raised bed (YouTube, ex. Uganda): https://www.youtube.com/watch?v=ykCXfjzfaco
- Send a Cow UK Keyhole Garden resources (Learning from Africa: How to make a Keyhole Garden):
- http://www.sendacow.org.uk/lessonsfromafrica/resources/keyhole-gardens
- Fourthway's posters online: Smallholder organic agriculture (Uganda, including Keyhole gardens): http://www.fourthway.co.uk/posters/
- Fourthway's posters online: Smallholder organic agriculture (Bangladesh, including Keyhole gardens): http://www.fourthway.co.uk/bangladesh/index.html
 Torre dee beregen Sing (ache). Extensi (ache).
- Terre des hommes: First Keyhole Garden in Asia (to resist storm surge/floods in Bangladesh): https://vimeo.com/44043929

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